## **OPEN GYM PHILOSOPHY**

Thompson Recreation Commission offers this program to give Thompson adults the opportunity to play a little basketball, get some exercise, and have some fun. Please leave your competitive spirits at the door!

## **RULES**

- **1.** Participants must be 18 years of age and out of high school (I.D. may be required)
- 2. If the gym is full, Thompson residents have precedence.
- 3. Players should be placed on teams in the order that they arrive at gym Ex. If a team needs a fifth player, the first person to arrive gets to play on the team. Therefore, the teams should be made up of different players each week.
- 4. Once a team has won two consecutive games they must sit out a game.
- 5. No food or beverage is allowed in the gym.
- 6. No player who is under the influence of alcohol or drugs will be allowed to play. If the supervisor determines that a player is under the influence of alcohol or drugs prior to open gym, they will be asked to leave immediately.
- 7. Absolutely no verbal or physical fighting tolerated.
- 8. No alcohol or drugs are allowed on the school premises.
- 9. No swearing or obscene language tolerated.

**Discipline Procedure** 

1<sup>st</sup> offence-Verbal warning 2<sup>nd</sup> offence-Written warning 3<sup>rd</sup> offence-3 week suspension 4<sup>th</sup> expulsion for the year

The Recreation Commission reserves the right to review each case on an individual basis also.