

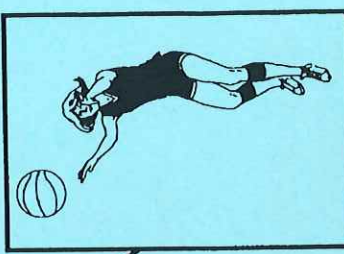
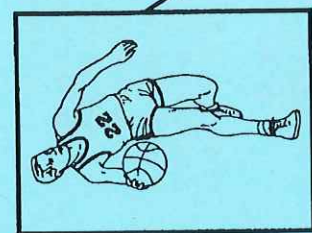
LIMITED ENROLLMENT • ENROLL EARLY
19TH ANNUAL



Sponsored by the
 Thompson Recreation Commission

Monday, July 10, 2023
 thru
 Thursday, July 13, 2023

Boys and Girls • Ages 7 - 17
 At
TOURTELLOTTE MEMORIAL HIGH SCHOOL
 785 Riverside Drive • North Grosvenordale, CT



Don Cushing, Co-Director
 High School and College Coach
 for over 40 years.
Gary Donahue, Co-Director
 College Coach For 22 Years.

FOR ADDITIONAL INFORMATION CALL . . .
 Don Cushing at 508-943-8959 or
 Thompson Recreation Dept. at 860-923-9440

NOTE
 ONLINE REGISTRATION
 AVAILABLE AT
 WWW.THOMPSONREC.ORG
 Early Bird pricing (reduced \$10)
 available until May 31st, 2023

Camp Location . . .
 Tourtelotte Memorial High School
 785 Riverside Drive
 North Grosvenordale, CT 06225

★ ★ ★
Camp Sponsored By . . .
 Thompson Recreation Commission
 P.O. Box 899
 North Grosvenordale, CT 06255
 860-923-9440

REGISTRATION - 2023 TOURTELLOTTE INSTRUCTIONAL BASKETBALL CAMP

Male: _____ Female: _____ Youth L - Adult Shirt (S, M, L, XL, 2XL): _____ Division Requested: NCAA (Ages 7-11) _____ NBA (Ages 11-17) _____
 Name: _____ Date of Birth: _____ Age: _____ Home Phone: _____
 Mailing Address: _____ Height: _____ Year at Tourtelotte Camp: _____
 City: _____ State: _____ Zip: _____
 School (next yr.): _____ Grade (Entering): _____ E-mail: _____
 Parent(s) Names: _____ Parent(s) Cell Number: _____ Parent(s) Fax Number: _____
 Emergency Contact Name: _____ Phone Number: _____

Does your child use an inhaler or epi-pen? _____ Yes _____ No (If your child has a prescribed epi-pen or inhaler, there must be one available at the program and additional form(s) must be completed. Forms available at Thompson Recreational office or www.thompsonrec.org)
 Will your child need to take medication during program hours? _____ Yes _____ No (If yes, medication must be provided to the program and additional form(s) must be completed.)
 Does your child have any medical needs/conditions that the staff should be aware of? _____ If yes, please explain _____
 Payment Enclosed: \$ _____ Cash _____ Check #: _____ Applying for Financial Assistance _____ (Thompson residents only)
 Note: Financial Assistance is available to Thompson residents for this program. Guidelines and applications are available at www.thompsonrec.org or stop by the Recreation office. The Financial Assistance Application must be sent in with the registration form.

\$150.00 Individual Fee - For Thompson Resident
\$165.00 Individual Fee - Non-Thompson Residents
 Applications taken until **July 1st ONLY**

I, the parent of the above son/daughter give my approval to participate in the Tourtelotte Instructional Basketball Camp and all its activities. I do assume all risks and hazards related to participation including transportation to and from the camp. I hereby waive, release, absolve, indemnify and agree to hold harmless the Town of Thompson, all involved with the Thompson School Department, Thompson Recreation Commission, Camp Directors and Staff, other participants and persons transporting my son/daughter to the camp, for any claim resulting from any athletic, dental or bodily injury that may occur to my son/daughter while attending the camp. I also grant my permission for emergency medical care if I am not available. I understand there is a \$20 fee for checks returned by the bank. I understand there are no refunds for missed classes. Photos of my child may be used for promotional purposes.

Date: _____ Parent/Guardian Signature: _____



TYPICAL DAILY SCHEDULE

- 8:15 Camp Doors Open
- 8:15 - 8:55 Individual Warmup
- 8:55 - 9:25 Camp Meeting & Stretching
- 9:30 - 10:00 First Station
- 10:05 - 10:35 Second Station
- 10:40 - 10:55 Team Practice Session
- 10:55 - 11:40 5-on-5 Full Court Game
- 11:40 - 12:20 Lunch (Pack a bag - soda sold)
Free Throw Competition
- 1-on-1 Competition
- 2-on-2- Competition
- Coaches Special of the Day
- 12:20 - 12:40 Hot Shot Competition
- 12:40 - 1:00 Third Station
- 1:05 - 1:35 Fourth Station
- 1:40 - 2:10 5 on 5 Full Court game
- 2:15 - 3:00 Camp Day Ends
- 3:05 Camp Doors Close

CAMP PHILOSOPHY

The Tourtellotte Basketball Camp is a week day co-educational experience held at Tourtellotte Memorial High School.

Our emphasis is on developing the skills in the Elementary, Middle and High School player thru grade 11. The program is also designed to teach fundamentals in the sport of basketball in a non-competitive learning environment.

Players will be grouped according to age and ability for both instructional group sessions and game competition.

All campers will receive instructional handouts to further aid their self improvement.

CAMP OBJECTIVES

- ★ To teach and develop individual offensive and defensive skills.
- ★ To give each camper individual attention.
- ★ To promote correct basketball techniques thru an enjoyable and educational environment.
- ★ To provide local athletes with a quality team sport learning experience at a low cost expense.
- ★ To expose youngsters to a camp atmosphere which instills a fundamental knowledge of the game of basketball.

SPECIAL FEATURES

- ★ 3 Indoor Full Sized Basketball Courts
- ★ 18 Regulation Baskets Available for Instruction
- ★ Excellent Coaching Staff (college and high school)
- ★ Individual and Team Contests
- ★ Individual Instruction (1 coach to 10 athletes)
- ★ Camper Evaluation Report
- ★ Receive a Camp Shirt
- ★ Highlight and Instructional Films
- ★ Individual Awards

CAMP PROGRAM

Campers divided into 2 divisions by:
Age - Grade - Ability
★ NCAA - (Ages 7 - 11)
★ NBA - (Ages 11 - 17)

Each camper will play two games daily.
Campers will attend four stations daily.

- ★ Defense
- ★ Individual Offense, Shooting
- ★ Rebounding / Fast Break
- ★ Fundamentals
(Ball Handling, Dribbling, Passing)

1-on-1 and 2-on-2; fundamentals involving all campers.

Foul shooting and Hot Shot shooting charted on a daily basis.

AWARDS

- ★ Camper of the Week
- ★ Most Improved Player
- ★ Most Hustle
- ★ 2-on-2 Champion
- ★ 1-on-1 Champion
- ★ Hot Shot Champion
- ★ Best Free Throw Shooter

Both Divisions to receive Awards

*Denotes to Both Boys and Girls Recipients