

Camp Location . . .

Tourtellotte Memorial High School
785 Riverside Drive
North Grosvenordale, CT 06225



Camp Sponsored By . . .

Thompson Recreation Commission
P.O. Box 899
North Grosvenordale, CT 06255
860-923-9440

FOR ADDITIONAL INFORMATION CALL . . .

**Don Cushing at 508-943-8959 or
Thompson Recreation Dept. at 860-923-9440**

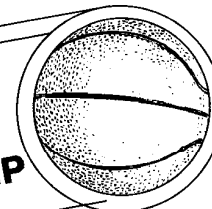
TWO WEEK CAMP SPECIAL OFFER

Available to all campers wishing to attend both the Tourtellotte Instructional Basketball Camp in Thompson, CT July 12 - 16, 2010 **PLUS** the Central Hoop Clinic at Nichols College in Dudley, MA July 26 - July 29, 2010. The Central Hoop Clinic fee shall be reduced to **\$110.00** for that camper.

LIMITED ENROLLMENT • ENROLL EARLY

8TH ANNUAL

**TOURTELLOTTE
INSTRUCTIONAL
BASKETBALL CAMP**



Sponsored by the
Thompson Recreation Commission

Monday, July 12

thru

Friday, July 16, 2010

Boys and Girls • Ages 7 - 17

At

TOURTELLOTTE MEMORIAL HIGH SCHOOL
785 Riverside Drive • North Grosvenordale, CT

REGISTRATION - 2010 TOURTELLOTTE INSTRUCTIONAL BASKETBALL CAMP

Male: _____ Female: _____ Youth L - Adult Shirt (S, M, L, XL, 2XL): _____ Division Requested: NCAA (Ages 7-11) _____ NBA (Ages 11-17) _____

Name: _____ Date of Birth: _____ Age: _____ Home Phone: _____

Mailing Address: _____ Height: _____ Year at Tourtellotte Camp: _____

City _____ State: _____ Zip: _____

School (next yr.): _____ Grade (Entering): _____ E-mail: _____

Parent(s) Names: _____ Parent(s) Cell Number: _____ Parent(s) Fax Number: _____

Emergency Contact Name: _____ Phone Number: _____

Does your child use an inhaler or epi-pen? _____ Yes _____ No (If your child has a prescribed epi-pen or inhaler, there must be one available at the program and additional form(s) must be completed. Forms available at Thompson Recreational office or www.thompsonrec.org)

Will your child need to take medication during program hours? _____ Yes _____ No (If yes, medication must be provided to the program and additional form(s) must be completed.)

Does your child have any medical needs/conditions that the staff should be aware of? _____ If yes, please explain _____

Payment Enclosed: \$ _____ Cash _____ Check #: _____ Applying for Financial Assistance _____ (Thompson residents only)

Note: Financial Assistance is available to Thompson residents for this program. Guidelines and applications are available at www.thompsonrec.org or stop by the Recreation office. The Financial Assistance Application must be sent in with the registration form.

\$130.00 Individual Fee - For Thompson Resident

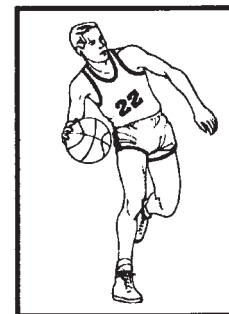
\$150.00 Individual Fee - Non-Thompson Residents

Applications taken until **July 9th ONLY**

Send check payable to: TRC
c/o Thompson Recreational Commission
P.O. Box 899, North Grosvenordale, CT 06255

I, the parent of the above son/daughter give my approval to participate in the Tourtellotte Instructional Basketball Camp and all its activities. I do assume all risks and hazards related to participation including transportation to and from the camp. I hereby waive, release, absolve, indemnify and agree to hold harmless the Town of Thompson, all involved with the Thompson School Department, Thompson Recreation Commission, Camp Directors and Staff, other participants and persons transporting my son/daughter to the camp, for any claim resulting from any athletic, dental or bodily injury that may occur to my son/daughter while attending the camp. I also grant my permission for emergency medical care if I am not available. I understand there is a \$20 fee for checks returned by the bank. I understand there are no refunds for missed classes. Photos of my child may be used for promotional purposes.

Date: _____ Parent/Guardian Signature: _____



Don Cushing, Co-Director
High School and College Coach
for last 36 years.

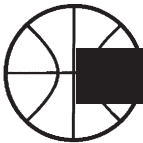
Gary Donahue, Co-Director
College Coach For 21 Years.



TYPICAL DAILY SCHEDULE



8:15	Camp Doors Open
8:15 - 8:55	Individual Warmup
8:55 - 9:25	Camp Meeting & Stretching
9:30 - 10:00	First Station
10:05 - 10:35	Second Station
10:40 - 10:55	Team Practice Session
10:55 - 11:40	5-on-5 Full Court Game
11:40 - 12:20	Lunch (Pack a bag - soda sold)
	Free Throw Competition
	1-on-1 Competition
	2-on-2 Competition
12:20 - 12:40	Coaches Special of the Day
12:40 - 1:00	Hot Shot Competition
1:05 - 1:35	Third Station
1:40 - 2:10	Fourth Station
2:15 - 3:00	5 on 5 Full Court Game
3:05	Camp Day Ends
3:30	Camp Doors Close



CAMP PHILOSOPHY

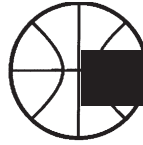


The Tourtellotte Basketball Camp is a week day co-educational experience held at Tourtellotte Memorial High School.

Our emphasis is on developing the skills in the Elementary, Middle and High School player thru grade 11. The program is also designed to teach fundamentals in the sport of basketball in a non-competitive learning environment.

Players will be grouped according to age and ability for both instructional group sessions and game competition.

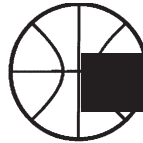
All campers will receive instructional handouts to further aid their self improvement.



CAMP OBJECTIVES



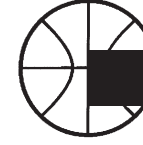
- ★ To teach and develop individual offensive and defensive skills.
- ★ To give each camper individual attention.
- ★ To promote correct basketball techniques thru an enjoyable and educational environment.
- ★ To provide local athletes with a quality team sport learning experience at a low cost expense.
- ★ To expose youngsters to a camp atmosphere which instills a fundamental knowledge of the game of basketball.



SPECIAL FEATURES



- ★ 3 Indoor Full Sized Basketball Courts
- ★ 18 Regulation Baskets Available for Instruction
- ★ Excellent Coaching Staff (college and high school)
- ★ Individual and Team Contests
- ★ Individual Instruction (1 coach to 10 athletes)
- ★ Camper Evaluation Report
- ★ Receive a Camp Shirt
- ★ Highlight and Instructional Films
- ★ Individual Awards



CAMP PROGRAM



Campers divided into 2 Divisions by:

Age • Grade • Ability

★ NCAA - (Ages 7-11)

★ NBA - (Ages 11-17)

Each camper will play two games daily.

Campers will attend four stations daily.

★ Defense

★ Individual Offense, Shooting

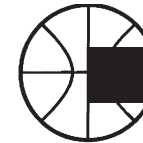
★ Rebounding / Fast Break

★ Fundamentals

(Ball Handling, Dribbling, Passing)

1-on-1 and 2-on-2; fundamentals involving all campers.

Foul shooting and Hot Shot shooting charted on a daily basis.



AWARDS



- ★ Camper of the Week*
- ★ Most Improved Player*
- ★ Most Hustle*
- ★ 2-on-2 Champion*
- ★ 1-on-1 Champion*
- ★ Hot Shot Champion*
- ★ Best Free Throw Shooter*

Both Divisions to Receive Awards

*Denotes to Both Boys and Girls Recipients